

## Christmas stocking template

### Materials:

- 4 ply yarn in main colour: Yarn A
- 4ply yarn in contrast colour: Yarn B
- A tiny button

### Finished size:

Approx 10cm (4 inches) from top to tip of toe

### Gauge:

7 stitches x 10 rows to 1 inch



Our thanks to Julie Williams at [www.littlecottonrabbits.typepad.co.uk](http://www.littlecottonrabbits.typepad.co.uk) for this amazing template. Make sure you check out her website for other creations or inspiration.

**Pattern:**

Note: If you want to be clever and minimise the amount of ends to sew in, work the hanging loop first. To do this cast on 35 stitches and then cast them off again (fig. 1) and then use the last cast off stitch as the start point to cast on the stitches for the stocking (fig. 2).

Before you start, decide which colour you are going to knit the heel in and cut a length at least 110cm (44") to keep for working the second side of the heel\*.

Please note that even numbered rows are the right side of the work and odd numbered are the reverse.

- To make a plain coloured or striped stocking cast on 25 stitches using 2.75mm needles and Yarn A.
- If knitting one of the charted designs on page 3 please cast on 27 stitches.

**Rows 1–3:**

Knit every row to give a garter stitch top to the stocking

**Rows 4-16:**

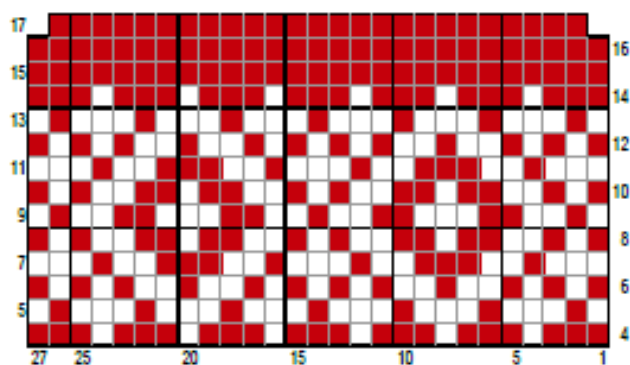
Beginning and ending with a Knit row, work 13 rows in stocking stitch either in Yarn, or Yarn B if you want to work 2 colour stripes (changing colour every 2 rows), or follow the colour designs from one of the pattern charts.

**Row 17:**

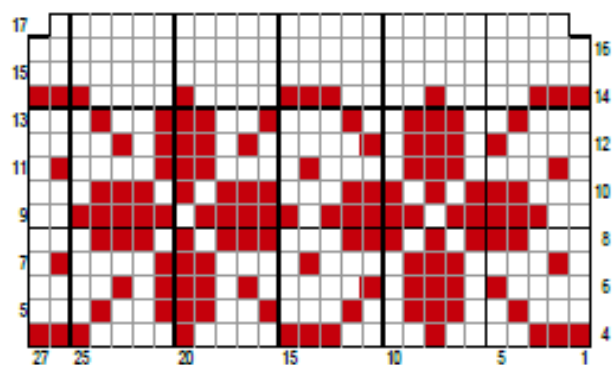
Purl, and if working one of the pattern designs on page 3 decrease 1 stitch at either end of row to give a total of 25 stitches.

Now you are ready to start working the heel (fig. 3). The instructions for the heel start on page 4.

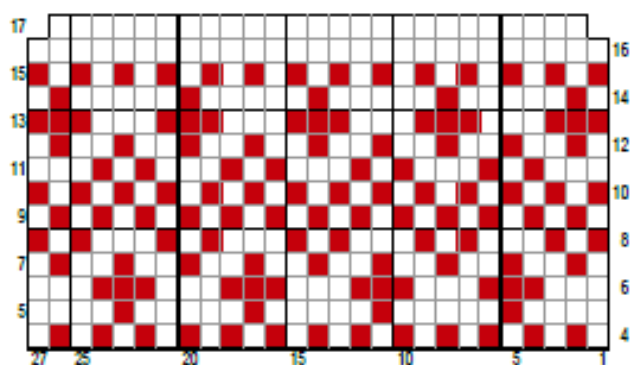
On the next page are charts for optional colour-work designs.



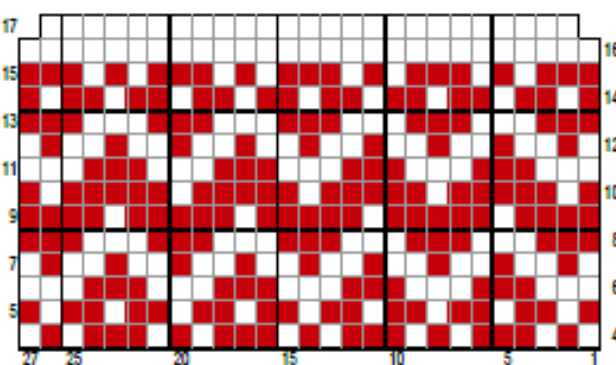
*"Fair Isle"*



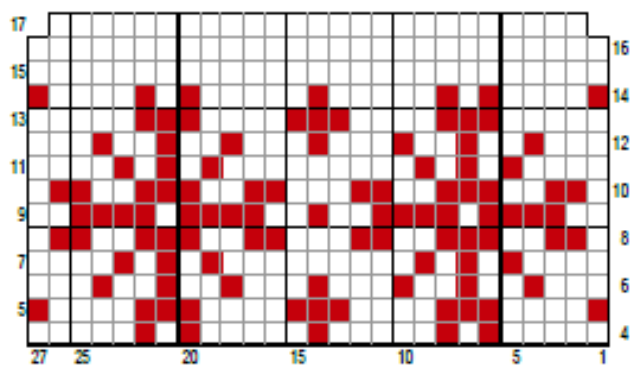
*"flowers"*



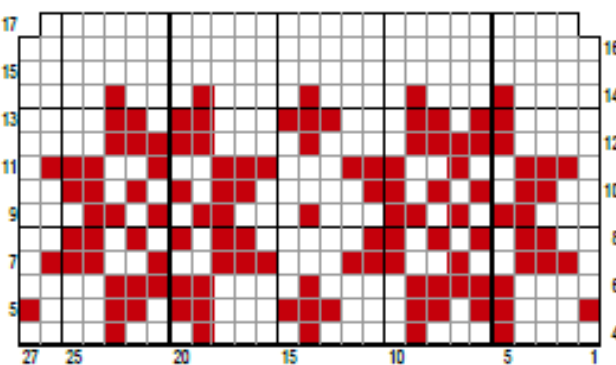
*"zig zag"*



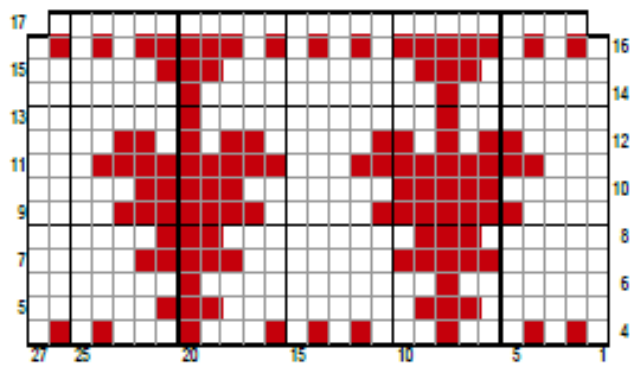
*"zig zag 2"*



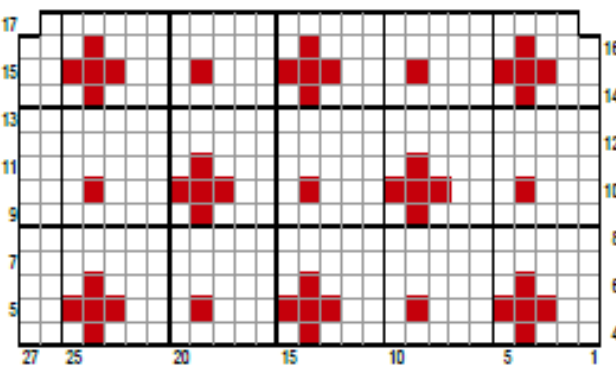
*"snowflakes"*



*"snowflakes 2"*



*"little trees"*



*"dots & dashes"*

## Heel shaping:

The heel is worked in 2 halves. If you like you can use different coloured yarn for contrast.

### First half:

row 18: With right side facing join contrast Yarn, K7 and turn leaving the remaining 18 stitches on the needle

row 19: Slip 1, P6

rows 20-25: Repeat rows 18 & 19 three more times until 8 rows of heel have been worked

row 26: K3, K2tog, K1, turn leaving 1 remaining stitch of heel on needle

row 27: Slip 1, P4

row 28: K2, SSK, turn leaving 2 stitches on needle

row 29: Slip 1, P2

row 30: K2, SSK, K1, turn

row 31: Slip 1, P3

Leaving these 4 stitches on the needle with the main part of the stocking (*fig. 4*), turn the work so that the wrong side is facing and resume working the other side of the heel.

### Second half:

reverse row 18: With wrong side facing and using the 110cm length of contrast Yarn cut earlier<sup>\*</sup>, P7 and turn, leaving remaining stitches on the needle

reverse row 19: Slip 1, K6

reverse rows 20-25: Repeat rows 18 & 19 three more times until 8 rows of heel have been worked

reverse row 26: P3, P2tog tbl, P1, turn leaving 1 remaining stitch of heel on needle

reverse row 27: Slip 1, K4

reverse row 28: P2, P2tog, turn leaving 2 stitches on needle

reverse row 29: Slip 1, K2

reverse row 30: P2, P2tog, P1, turn

reverse row 31: Slip 1, K3

Now you have worked both sides of the heel (*fig. 5*).

The next row is slightly complicated so I've broken it down into steps:

row 32: With right side facing rejoin **Yarn A** and begin knitting across the 4 stitches of the heel (*fig. 6*), pick up and knit 5 stitches from the inside edge of heel (*figs. 7 & 8*)

Before knitting across the main part of the stocking pick up the left loop of the stitch below the first row of the heel (*fig. 9*) and knit this loop together with the first stitch from the left needle (*fig. 10*). This will help to ensure that you don't get a hole in the work at the point of the heel join.

Knit 9 stitches across main part of stocking (leaving 1 stitch un-worked). Slip the next stitch across to the right needle. Pick up the right leg of the stitch below the first row of the heel, pass this and the slipped stitch back to the left needle and knit them together.

Pick up and knit 5 stitches from the inside edge of the heel and Knit the final 4 heel stitches (*fig. 11*) (29 stitches)

row 33: Purl

row 34: K8, K2tog, K9, SSK, K8 (27 stitches)

row 35: P7, P2tog tbl, P9, P2tog, P7 (25 stitches)

row 36: K6, K2tog, K9, SSK, K6 (23 stitches)

row 37: Purl

You've now completed the shaping for the sides of the foot (*fig. 12*)

rows 38-43: Beginning with a Knit row and ending with a Purl, work 6 rows of stocking stitch

row 44: Change colour for toe cap and Knit (*fig. 13*). Cut **Yarn A** from the work as it is no longer needed.

row 45: Purl

row 46: K3, SSK, K4, K2tog, K1, SSK, K4, K2tog, K3 (19 stitches)

row 47: Purl

row 48: K3, SSK, K2, K2tog, K1, SSK, K2, K2tog, K3 (15 stitches)

row 49: Purl

---

## Making up:

Cut the work from the ball leaving a tail of around 9 inches for sewing up. Thread a tapestry needle with this end, sew through the 15 stitches on needle (*fig. 14*) and pull up tight. Close the seam running up bottom and back of stocking using mattress stitch (*fig. 15*). Turn the stocking in-side-out and tie up all ends securely, weave them in if you desire though it's not essential and trim. Turn right side out.

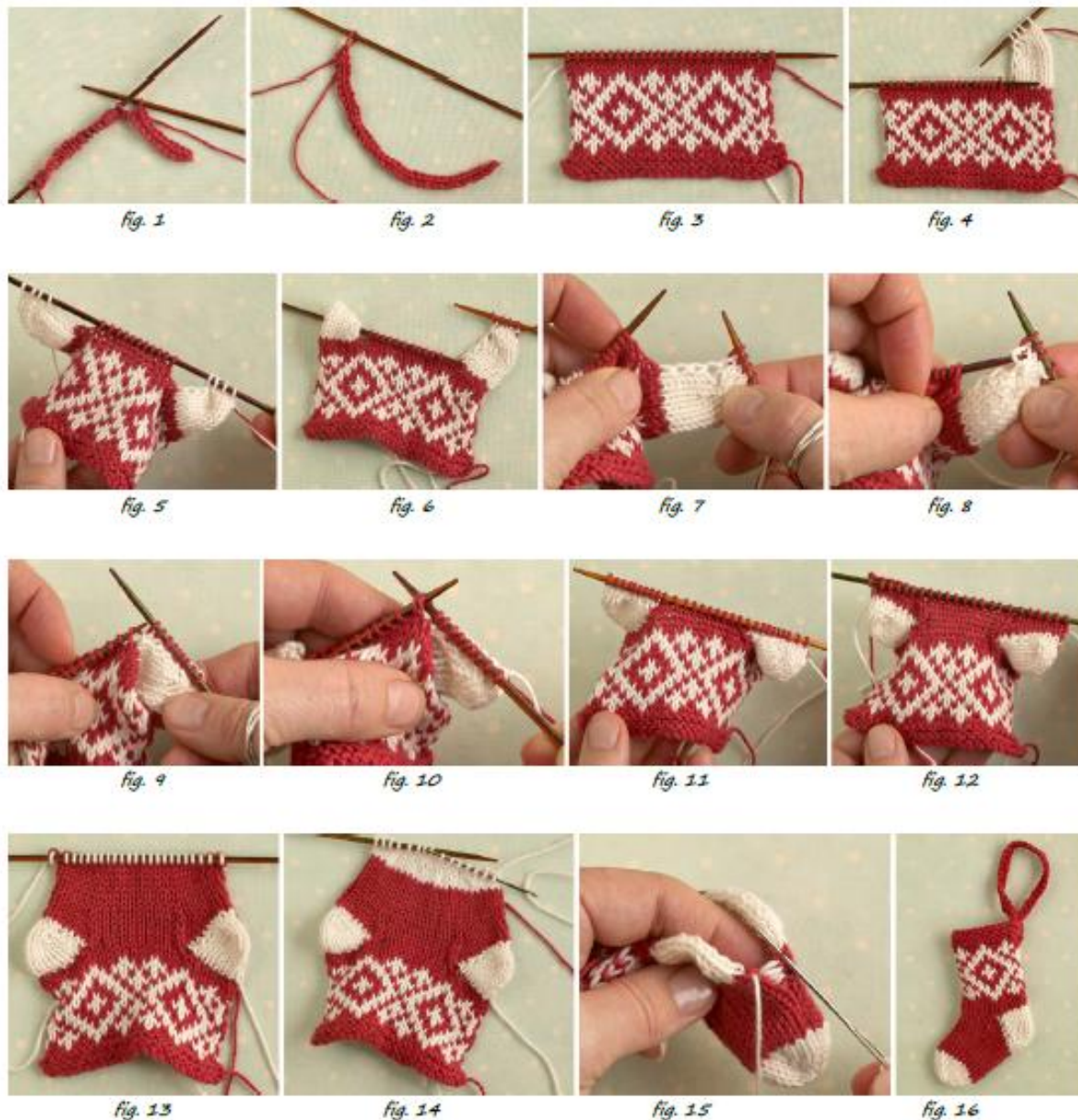


## *Hanging loop:*

If you didn't make the loop at the beginning then use 2.75mm needles to cast on 35 stitches. Cast off again knit-wise. Double this strip over to make a loop and sew to the back of the stocking. Secure with a little button. Then your stocking is finished and ready to hang (*fig. 16*)

## *Photo steps:*

Please note that you can zoom into these pictures on your computer/device in order to see more detail



**THANK YOU FOR YOUR SUPPORT**

COMPLETED KNITTING SHOULD BE RETURNED TO:

**Southampton Hospital Charity  
Mailpoint 135  
Southampton General Hospital  
Southampton, SO16 6YD**